



First Year Dining Tips



Dining Services

BYU Dining Services helps students make the most of their BYU experience by providing nutritious (and delicious!) food to fuel them through their busy schedule. Keep reading for information that will help your student have a great first-year dining experience!

Dining Options

With high-quality food and locations all across campus, BYU Dining Services is the go-to solution for all of your student's dining needs!



Award-Winning Concepts

BYU Dining Services has received multiple awards for excellence and quality. Come experience our award-winning food for yourself!



Fresh and Local

BYU Dining Services is committed to using fresh, local ingredients in every recipe. Many products, including our famous Creamery ice cream, are made right on campus!



Convenient Locations

With locations all over campus, Dining Services makes it quick and convenient for students to get the food they need! Students can use their meal plan funds at any Dining Services location* so they never have to sacrifice study time for mealtime.

*Excluding Cannon Block of Meals plan

Meal Plans



Peace of Mind

Meal plans will help you know that your student is well-fed and taken care of! Student meal plans reduce the stress and commitment associated with planning and preparing meals, freeing up time for what matters most.

Options

BYU Dining Services offers a variety of meal plans, each designed with busy students in mind. Find the perfect meal plan for your student among the many options available at mealplans.byu.edu!



Convenient

Meal plan dining dollars can be spent at any Dining Services location, providing students with access to a wide variety of options right on campus!

Affordable

Student meal plans offer tax-free purchases for dining transactions as well as additional discounts, making meal plans a great way for students to make the most of their funds and save money on their food purchases.



Helaman Halls

Students living at Helaman Halls must choose one of the following meal plans. Non-Helaman students may also sign up for these meal plans.*



- Students receive a daily allocation of 13 dining dollars
- Biggest discounts at the Cannon Commons
- Ideal for students who want flexibility
- Available Fall, Winter, Spring, & Summer



- \$2425 per semester
- Students receive unlimited entry to the Cannon Commons during operating hours and 200 dining dollars per semester
- Discounts at the Cannon Commons
- Ideal for students who plan to eat at the Cannon Commons but also want the flexibility to dine anywhere on campus
- Available Fall & Winter



- \$1,540 per semester
- Available only to Helaman Halls residents who are 19 years old by the beginning of the year
- Gives students access to 1,540 dining dollars at the beginning of the semester
- Discounts at the Cannon Commons
- Available Fall & Winter

*Excluding 19+ meal plan

Heritage Halls/Off-Campus

The following meal plans are recommended for students living in Heritage Halls or off-campus housing.



- Available only to Heritage Halls residents
- Students can choose between receiving 500 and 800 dining dollars per semester as well as the manner in which they will receive those funds (through weekly allotments or all at once at the beginning of the semester)
- Receive discounts on groceries purchased at the Creameries and discounts at the Cougareat during certain times
- Available Fall, Winter, Spring, & Summer



- Students receive access to 500 dining dollars per semester
- Great option for students wanting to both prepare their own meals and dine on campus
- Available Fall, Winter, Spring, & Summer



- Gives students 25 or 50 meals at the Cannon Commons per calendar year (additional meals can be purchased in blocks of 5)
- Ideal for students who do not live in Helaman Halls but plan to eat at the Cannon Commons frequently
- Available Fall, Winter, Spring, & Summer



- Students can choose to receive 100, 150, or 200 dining dollars per month with unused dining dollars rolling over to the next month's balance
- Receive discounts at the Cougareat during select times
- Students can customize their contract period and will get any unused funds back at the end of the contract
- Recommended for students who live off campus but dine on campus frequently
- Available Fall, Winter, Spring, & Summer

Visit mealplans.byu.edu for more information about which meal plan is right for your student!

Student Employment

BYU Dining Services is the largest on-campus employer of BYU students and helps employees gain valuable skills and experience!

Benefits

Variety

Dining Services provides a variety of employment options, all with real-world experience!

Accounting | Office Management | Inventory Control
Food Science | Nutrition Planning | Marketing

Dining Discounts

Student employees receive special meal discounts, including 50% off meal cards.

Students also have the opportunity to earn free meals and other benefits!

Flexibility

For student employees, education comes first. Dining Services understands this and provides flexibility in scheduling.

Social

Dining Services employees have the opportunity to interact with a wide network of other students and professionals.

Apply Now!

Visit dining.byu.edu/employment to see available job openings, call (801) 422-6111, or contact the Student Employee Success Office (SESO) by email at SESO@byu.edu.

At dining.byu.edu/employment, you can also find more information about student employment and the unique opportunities students can gain by working for Dining Services!

Nutrition Resources

BYU is devoted to helping students in every aspect of their campus experience, including their health and well-being!



Nutrition App

The Dining Locations feature of the BYU app provides the allergen information, nutrition labels, and ingredient lists for all our locations on campus!

How to Install the Dining Locations Feature:

1. Open the BYU App
2. Click "Explore" and search for the Dining Locations feature
3. Add the Dining Locations feature
4. Browse restaurants and menu items



Kaitlin Kartchner- RDN

Kaitlin, our dietitian, offers free nutrition consulting to all students! Contact her with any nutrition questions or to schedule an in-person or virtual appointment.

Contact Information

(801) 422-2573

kaitlinkartchner@byu.edu

Questions? We're happy to help!

Contact us at dining@byu.edu or call (801) 422-2571